## **CENTER FOR THE ARTS AND EDUCATION**

### WINTER/EARLY SPRING 2015

### HUBBARD HALL

25 East Main Street Cambridge, New York 12816

www.hubbardhall.org | 518-677-2495

Offices Open Tuesdays - Fridays 10am - 4pm

### **Registration for Classes & Workshops:**

You should register for any class in advance by visiting www.hubbardhall.org or calling 518-677-2495 Tuesdays - Fridays.

You may also register on-site at the first class session; however, classes require a minimum of six (6) students to run so *advanced registration is strongly advised* to avoid being turned away from a full class or the unnecessary cancelation of a class and disappointment for everyone! Hubbard Hall classes start a new term in Sept, Feb and June. Most classes accept new students joining during the term -try a class for just \$5! Please call to be sure the class you plan to attend is happening and is accepting First for Five participants. Hubbard Hall Memberships are optional but recommended for a full year of benefits, including discounts on class tuition and event tickets.

> **Tuition Assistance Available for Most Classes!** Applications should be submitted by January 23, 2015 for priority consideration.

Application available as a PDF at www.hubbardhall.org or stop by & pick one up!

### **MONDAYS**

All Levels Open Yoga with Elizabeth Dunn Mondays 8:30-10:00am February 9 to June 29 (no class 2/16, 4/6, 5/25)

Term Tuition: \$270 / \$243 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$56 / \$50.60

Single drop-in: \$19 (First for \$5) Drop-in Class Card \$130: 11 drop-in hours for the price of 10 hours

(This class uses 1.5 hours on your class card

per drop-in.) **Beacon Feed Dance Studio** 

A supportive environment where we will explore the basics of a yoga practice. We will focus on aligning breath, energy and intention with movement.

### **Supported Yoga**

with Elizabeth Dunn

Mondays 10:30-11:30am February 9 to June 29 (no class 2/16, 4/6, 5/25)

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38 / \$34.40

Single drop-in: \$13 (First for \$5) Drop-in Class Card \$130: 11 drop-in hours for the price of 10 hours

**Beacon Feed Dance Studio** 

A wonderful way to experience the many benefits of a yoga practice in a supported way. We will be using chairs, the wall and blankets throughout this gentle class. We will integrate breath awareness and meditation to help improve muscle function, reduce stress, and increase your sense of well-being. Class will be a gentle blend of breath awareness, movement, static and dynamic yoga, reiki, and aromatherapy. This class is ideal for seniors, anyone who is trying to integrate movement into their lives and those who are managing a chronic illness or injury (with doctor approval). Looking forward to seeing you!

### **Action Posters!** Effective Design from the Imagination,

Ages 8 and up with Gabi Moore Mondays 3:00-4:15pm Six-weeks: February 23 to March 30 Cost: \$80 / \$74 members (includes \$20 materials fee) **Beacon Feed Visual Arts Studio** 

Young artists will learn about techniques of drawing, creating impact with images, and secrets of advertising in movie posters. Each participant will have a completed poster advertising a never-before-seen film from your imagination. The goals here are learning about line, tone (shadow), and texture in creating visual effects. Another benefit is gaining visual literacy of the world of images around us.

**Puppet Club for Ages 7 to Adult** Mondays 3:00-5:00pm Eight-weeks: March 23 to May 18

(no class 4/6)

Cost: \$35 / \$30 members **Freight Depot Theater** 

Spring session: Pageant of the Planet/Animals. Visit www.hubbardhall.org for details! Puppet Club welcomes children 7 years old and older, with or without an adult helper, as well as unaccompanied grown-ups of all ages. Puppets are made of inexpensive or donated materials.

Tap 1 for Ages 6-8 with Jennetta Lorman

Mondays 3:00-4:00pm

February 9 to June 8 with rehearsals for June 13 performance

(no class 2/16, 4/6, 5/25) Term Tuition: \$180 / \$162 members \*best

value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38 / \$34.40 members

Single drop-in: \$13 (First for \$5) **Beacon Feed Dance Studio** 

This class offers an introduction to beginner tap steps, drills and formations together with opportunities for improvisation, creativity and self-expression.

### Watercolor for Young Painters, Ages 6 to 9

with Gabi Moore Mondays 4:30-5:30pm

Six-weeks: February 23 to March 30

Cost: \$80 / \$74 members (includes \$20 materials fee)

**Beacon Feed Visual Arts Studio** 

This delightful class introduces, to the young artist, sophisticated techniques in watercolor painting in playful, adventurous exercises. Children will learn about washes, pulling puddles to create special effects, glazing, highlighting, and color mixing. The choice of subject is the artist's alone, but directed activities will give each participant essential tools for a fun future in painting.

Hip Hop & Jazz for Ages 8 to 12 with Heidi Knecht-Seegers

Mondays 4:30-5:30pm

February 9 to June 8 with rehearsals for June 13 performance

(no class 2/16, 4/6, 5/25)

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38 / \$34.40 members

Single drop-in: \$13 (First for \$5)

**Beacon Feed Dance Studio** 

Kids ages 8-12 dance their way through this funky, exciting, high-energy class for beginners. What's on your iPod? If you like dancing to music by PSY, Katy Perry, Usher, Justin Bieber, Selena Gomez, Lady Gaga and other current pop artists, you'll love this funky, exciting, high-energy class for beginners! Learn basic technique, awesome moves and cool combinations done to contemporary hit music. Improvisation and choreography will be encouraged as well.

**Modern Jazz for Teens & Adults** with Heidi Knecht-Seegers Mondays 5:30-7:00pm

\*Extended 1.5 hour class\*

February 9 to June 8 with rehearsals for June 13 performance

(no class 2/16, 4/6, 5/25)

Term Tuition: \$270 / \$243 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$56 / \$50.60 members

Single drop-in: \$19 (First for \$5) **Beacon Feed Dance Studio** 

Stretch and strengthen your body in this funky, fast moving class while learning some basic technique and cool jazz combinations. For teens and adults. The class will be set to current pop music, featuring songs by artists such as Lady Gaga, Beyonce, Kesha, Rihanna, Black Eyed Peas, Shakira and more. Improvisation and choreography will be encouraged.

Foot Massage & Reflexology with Anne Snyder

Mondays 6:00-8:00pm

Three-weeks: March 16 to March 30 Cost: \$60/\$54 member

Single drop-in: \$25 Registration deadline: Friday, March 13.

### Enrollment minimum 4/maximum 6 **Beacon Feed Studio Board Room**

The feet function as a map of the body. Through manual manipulation of the feet we can help ourselves and our others experience relief from distress from many sources. Manual manipulation can be as gentle as foot massage or as intense and as detailed as foot reflexology. Foot massage uses the actions of rubbing, kneading, rocking and shaking and is wonderful for general relaxation. Foot reflexology uses thumb and finger pressure on specific points of the feet. It can be helpful for yourself and for family care.

Please bring: a sheet, a towel, a pillow to support your knees, a pillow to support your head, a blanket.

Class 1, March 16) FOOT MASSAGE

- A map of the body as reflected through the feet
- Kneading, rubbing, rocking and shaking
- Powders, oils, soaks

Class 2, March 23) FOOT REFLEXOLOGY

- Finding your way around a body using the feet as the map
- Learning to use pressure
- An overall routine including some important pressure points
- Class 3, March 30) PUTTING IT ALL TOGETHER and TAKING IT TO THE NEXT LEVEL
- For those who have taken both Class 1 and Class 2 and would like to refine and deepen their practice Anne Snyder is a Licensed Massage Therapist in New York, has been practicing reflexology since 1987, massage since 1991and living in Cambridge since 2008.

### **Ballet for Teens & Adults** Mondays 7:00-8:00pm

January 26 to June 15

(no class 2/16, 4/6, 5/25)

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38 / \$34.40 members

Single drop-in: \$13 (First for \$5) **Beacon Feed Dance Studio** 

This class will introduce beginner and continuing dancers to sample a variety of classical and contemporary styles and techniques. Visit www.hubbardhall.org for details and schedule of instructors.

### **TUESDAYS**

Tai Ji: Continuing Tuesdays 8:00-9:30am February 10 to June 23

(no class 2/17, 4/7) Term Tuition: \$270 / \$243 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$56 / \$50.60 members

Single drop-in: \$19 (First for \$5) Drop-in Class Card \$130: 11 drop-in hours

for the price of 10 hours (This class uses 1.5 hours on your class card

### **Beacon Feed Dance Studio**

per drop-in.)

Tai Ji is an ancient martial art and philosophy rooted in Chinese Taoism. It is practiced in slow and graceful forms using gentle movements and relaxed breathing. It is effective in developing strength, balance and flexibility in the body, mind and heart. Daily practice of Tai Ji promotes improved health by lubricating joints, lowering blood pressure, deepening the breath, increasing the flow of chi throughout the body and instilling serenity and well-being. See Thursday listings for Beginner Tai Ji and Qi Gong.

with Sensei Alan Haskell Tuesdays, February 10 to June 23 (no class 2/17, 4/7)

Karate 1 for ages 5-6: Tuesdays, 4:00-4:45pm

Karate 2 for ages 7-8: Tuesdays, 4:45-5:30pm

Karate 3 for ages 9-15: Tuesdays, 5:30-6:30pm

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38 / \$34.40 members Single drop-in: \$13 (First for \$5) **Beacon Feed Dance Studio** 

# Arts Around the World

Dance, Music, Crafts, Cooking, Stories & More for Ages 6-12

February Vacation Week: February 16-20, 2015 with Darcy May, Bliss McIntosh, Gina Deibel & friends

9am to 3pm, Monday-Friday

Beacon Feed Studio behind Hubbard Hall Tuition: \$219 / \$199 members (includes all materials and snacks)

Tuition assistance available, please apply no later than February 1. Call to ask about sibling discounts.

Hearty home-cooked snack provided daily, please bring a bag lunch. Spend your vacation exploring the world through art! This year we will explore the music, dance, crafts, foods and stories of the unique cultures of the Six Celtic Nations: Ireland, Wales, Scotland, Cornwall, Brittany, and the Isle of Man.

Special guests will be invited to share their personal travel experiences, and we'll create art inspired by what we learn. Each day will include outdoor play time and activities (weather permitting), crafts, music, acting, dancing and cooking! In the afternoon we'll "chill out" with stories or movies or open studio time. The week will wrap up with a Celtic feast, "museum" exhibit and performance for family and friends on Friday afternoon. Recommended for ages 6 to 12.

Register early as space is limited!



**Gentle Evening Yoga** with Elizabeth Dunn Tuesdays 6:35-7:35pm February 10 to June 23 (no class 2/17, 4/7) Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38 / \$34.40 members Single drop-in: \$13 (First for \$5) Drop-in Class Card \$130: 11 drop-in hours for the price of 10 hours **Beacon Feed Dance Studio** 

### **WEDNESDAYS**

**Continuing Yoga** with Zaidee Bliss Wednesdays 7:30-9:00am February 11 to June 24 (no class 2/18, 4/8)

Term Tuition: \$270 / \$243 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$56 / \$50.60 members Single drop-in: \$19 (First for \$5) Drop-in Class Card \$130: 11 drop-in hours for the price of 10 hours (This class uses 1.5 hours on your class

card per drop-in.) **Beacon Feed Dance Studio** 

Creative Movement for Ages 2-4 with adult caregiver

with Gina Mammone Deibel Wednesdays 9:30-10:15am Six-weeks February 25 to April 1 Cost: \$60 / \$54 members Single Drop-in: \$13. First for \$5.

**Beacon Feed Dance Studio** 

This creative movement dance class for preschoolers and their adult caregivers explores movement through imagination, songs, circle games and props. As children develop body awareness and group skills, they are introduced to concepts such as rhythm, tempo, levels, and movement through space. Activities celebrate creativity, self-expression and the joy of movement. Wear comfortable clothing and bare feet. Adult caregivers are encouraged to participate with the children; infant siblings in carriers are welcome.

\*DAYTIME CLASS! Ideal for homeschoolers and adults\*

Egg Tempera: Make Your Own Icon, Ages 9 and up with Gabi Moore Wednesdays 11:00am-12:15pm Six-weeks February 25 to April 1 Cost: \$85 / \$77 members (includes \$20 materials fee) **Beacon Feed Visual Arts Studio** 

Learn about the medium of egg tempera and the making of iconographic art. Participants will choose their own subject matter, which has personal meaning for them and transform these images into tiny, decorative, paintings. We will look into art history and the making of icons in different periods in time.

Irish Step Dance for Beginners, Ages 7 to Adult

with Darcy May Wednesdays, February 4 to June 10 plus rehearsals for June 13 performance (no class 2/18, 4/8)

**Beginner Level 1:** Wednesdays, 4:00-5:00pm

**Beginner Level 2:** Wednesdays, 5:00-6:00pm

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38 / \$34.40 members

Single drop-in: \$13 (First for \$5) **Beacon Feed Dance Studio** 

Level 1 and 2 dancers, continuing from the Fall session, will continue to refine their basic soft shoe Irish jig and reel steps this Spring.

(Brand new beginners, please wait to join us in September.)

Skulls and Shadows: Black & Light in Art for teens & adults with Gabi Moore Wednesdays 6:00-7:30pm Six-weeks: February 25 to April 1 Cost: \$100 / \$91 members (includes \$20 materials fee) **Beacon Feed Visual Arts Studio** 

In this class, geared for older and younger artists, ages 12 to adult, we will learn sophisticated drawing techniques. Participants will use shading to develop rich, dramatic paintings and drawings. Participants will draw cattle, sheep, badger, and coyote skulls. Looking at examples of master artists who used black shadows and modeled form to bring out a skull's three dimensions, we will create powerful works of art in our own hand and our contemporary sensibility. The techniques learned in this class will equip the artist for future projects.

### **MANCE MOB** Dance Workshops

with Gina Deibel Wednesdays 7:00-8:00pm Four-weeks: March 25 to April 22 (no class 4/8) **Cost: \$35/\$30 members** includes national Dance Week T-shirt! **Beacon Feed Dance Studio** 

Learn the official "National Dance Week" choreography and be part of the 4th annual nationwide dance mob on April 25, 2015.

Women's Safety and Self Defense with Sensei Alan Haskell Wednesdays 6:30-7:30pm **Beacon Feed Dance Studio** 

**One-Day Refresher: April 29** Cost: \$10 \*ideal for returning students\*

Five-weeks: May 6 to June 3 Cost: \$50 / \$45 members \*new and returning students\*

BFF Special: Sign up with your daughter/ sister/mother/friend save 20% on both tuitions!

Your personal health and safety is important and it affects everyone you love. Join Sensei Alan Haskell for a special course on awareness and self-defense for women. It's never too late to learn valuable information and skills that could protect you and your family in a time of confrontation or danger. Recommended for ages 12 and up.

### **THURSDAY**

Tai Ji and Qi Gong for Beginners with Scott Carrino Thursday 8:00-9:30am February 12 to June 25 (no class 2/19, 4/9) Term Tuition: \$270 / \$243 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$56 / \$50.60 members Single drop-in: \$19 (First for \$5) Drop-in Class Card \$130: 11 drop-in hours for the price of 10 hours (This class uses 1.5 hours on your class card per drop-in.)

Tai Ji is an ancient martial art and philosophy rooted in Chinese Taoism. It is practiced in slow and graceful forms using gentle movements and relaxed breathing. It is effective in developing strength, balance and flexibility in the body, mind and heart. Daily practice of Tai Ji promotes improved health by lubricating joints, lowering blood pressure, deepening the breath, increasing the flow of chi throughout the body and instilling serenity and well-being.

Pre-Ballet for ages 3-5 with Gigi Begin Thursdays 3:30-4:15pm February 5 to June 11 with rehearsals for June 13 performance (no class 2/19, 4/9) Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38/\$34.40 members Single drop-in: \$13 (first for \$5) Shoes: Ballet shoes available at The Village

Store) **Beacon Feed Dance Studio** 

This class introduces young movers, ages 3 to 5, to the very basics of ballet. We will learn beginning ballet positions, as well as simple floor

combinations, using many types of music, imagination, and fun! This class celebrates free expression and incorporates storytelling through movement and dance.

Ballet 1 for ages 5-8 Thursdays 5:30-6:15pm February 5 to June 11 with rehearsals for June 13 performance (no class 2/19, 4/9)

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38/\$34.40 members

Single drop-in: \$13 (first for \$5) **Beacon Feed Dance Studio** 

**Bollywood Dance for Teens & Adults** with Gina Deibel Thursdays 7:00-8:00pm February 5 to June 11 with rehearsals for June 13 performance (no class 2/19, 4/9)

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$38/\$34.40 members

Single drop-in: \$13 (first for \$5) **Beacon Feed Dance Studio** 

Experience the energy, joy and drama of Bollywood dance -- a popular East-West fusion dance style that draws inspiration from the musical films of India! Bollywood is a spicy blend of global movement influences, rhythmic footwork, balance poses, storytelling gestures & dramatic expression. A high-energy class for beginner to intermediate dancers sure to bring out your inner movie star. Recommended for teens and adults, but open to students ages 11 and up. Wear loose, comfortable clothing and bare feet.

### **FRIDAYS**

**Continuing Irish Step** with Darcy May Fridays, February 6 to June 12 with rehearsals for June 13 performance (no class 2/20, 4/3, 4/10, 5/15)

On March 6 the 7pm Irish Dance Ceili at CCS will take the place of Friday classes.

Fridays, 4:00-5:00pm : Level 3 Fridays, 5:00-6:00pm: Level 4/5 Fridays, 5:30-6:30pm: Level 6 Fridays, 6:30-7:30pm: Advanced A Fridays, 7:00-8:00pm: Advanced B Term Tuition: \$160 / \$144 members \*best value even if missing several classes during the term\* or Autopay 5 monthly charges of \$34 / \$30.80 members Single drop-in: \$13 (First for \$5) **Beacon Feed Dance Studio** 

SPECIAL EVENT! St. Patrick's Day Irish Dance Ceili Friday, March 6, 2015 at 7pm (takes the place of Friday classes) **Cambridge Central School Auditorium** FREE admission. Bake Sale!

A "ceili" is like an Irish square dance, where dances are taught and anyone can participate or watch. Held at the Cambridge Central School Auditorium, this annual St. Patrick's Day community celebration features traditional Irish dance, live music, and a bake sale to benefit the Irish Dance Costume Fund.

### **SATURDAYS**

Foil Fencing with Richard Cherry Saturdays, February 7 to June 6 (no class 2/21, 4/4, 4/18, 5/23) **Freight Depot Theater** 

**Beginning Foil** Saturdays, 9:00-10:00am: Cost: \$140 / \$126 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$30 / \$27.20 members

**Continuing Foil** Saturdays, 8:30-10am Cost: \$210 / \$189 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$44 / \$39.80 members Equipment available for rental directly from the instructor.

Sword fencing is an ancient martial art that combines the speed and athleticism of boxing with the strategic thinking of chess. You will learn strategy and technique appropriate to your level, as well as get a chance to practice your skill against other fencers.

Recommended for teens and adults, but students as young as 8 may participate with instructor permission.

First Steps: Introduction to Dance for ages 3-4

with Kristi Segura February 28 to June 6 plus rehearsal for June 13 performance (no class 4/4, 4/18, 5/23) Saturdays 9:00-9:45am Cost: \$120 / \$108 members

\*best value even if missing several classes during the term\* or Autopay: 4 monthly charges of \$32 / \$29 members Shoes: Ballet shoes and tap shoes

(available at The Village Store) **Beacon Feed Dance Studio** 

First Steps is a dance class that focuses on your child's coordination, listening skills, musical awareness, and developing imagination. This combination class uses age-appropriate music and song, simple stretching exercises, ballet, mat basics and movement games in an environment of creativity. The last 10 minutes of class will incorporate simple tap dance steps.

Eenie Meenie Music: Music Together Family music program for children from birth to 5 years with Sylvia Bloom Saturdays 10:15-11:00am **Nine-week Session A:** January 10 to March 21 (no class 1/17, 2/14)

Nine-week Session B: April 18 to June 20 (no class 5/23)

Tuition (per child/session): \$139 / \$130 members

All materials (booklet, CDs, DVD) included! Sibling Registration: \$77/ \$68 for siblings 9 months and older, sharing materials.

Do you want to share the joy of music-making with your children? Would you like to learn how to see and support your child's musical development? Want to shake your booty with your baby and have lots of fun?

Music Together is an internationally recognized

early music and movement program for babies, toddlers, preschoolers, kindergarteners and the adults who love them. The research-based curriculum and mixed age classes are based on the recognition that all children are musical (and we were all children once!) Together we'll sing, play instruments and dance- no previous skill necessary! Your child will learn basic musical skills through play, and we'll all learn lots of fun new songs and chants, and how to use them in our lives both in and out of music class. Enrolled families will receive a songbook, one CD, and a code to access Music Together's brand -new Family Music Zone. There, they'll be able to download the songs from the Bongos song

**Musical Theater for Kids** with Kristi Segura February 28 to June 6 plus rehearsal for June 13 performance

collection, in addition to exploring fun content

Group 1, Ages 5 to 7 years Saturdays, 10:00-10:45am

(no class 4/4, 4/18, 5/23)

created just for them.

Group 2, Ages 8 to 10 years Saturdays, 11:00am-12:00pm:

Cost: \$120 / \$108 members \*best value even if missing several classes during the term\* or Autopay: 4 monthly charges of \$32 / \$29 members Shoes: Sneakers or Jazz shoes, **NO SOCKS PLEASE** 

### **Beacon Feed Dance Studio**

A class geared for the younger beginner with little or no musical theater experience. Students will be introduced to the basic art of musical theatre (singing, dancing and acting), learning a basic dance warm-up, basic dance steps and participating in various theatre games and exercises. The focus will be on a simple group song and dance number with students working together to build self-confidence and selfesteem in a safe and nurturing environment.

Beginning Tap for Teens & Adults with Jennetta Lorman
Saturdays 12:30-1:30pm
February 7 to June 6 plus rehearsals for June 13 performance
(no class 4/4, 4/11, 5/23)
Beacon Feed Dance Studio
Term Tuition: \$180 / \$162 members \*bes

Term Tuition: \$180 / \$162 members \*best value even if missing several classes during the term\* or Autopay: 5 monthly charges of \$34 / \$30.40 members

Single drop-in: \$13 (First for \$5)

Dance from classic tap combinations as well as contemporary choreography while working on beginner tap steps, drills and formations.

Pre-Flurry Contra Dance Camp with Fern Bradley Saturdays 2:00-4:00pm Two-weeks: January 31 & February 7 Cost: \$15 / \$12 members Single drop-in: \$10 Beacon Feed Dance Studio

Heading to the Saratoga Dance Flurry in February? These workshops will hone your skills so you'll be ready to join the in the swingin', stompin', high-energy fun of contra dancing and dance with confidence! Live music by the Tune Jam Band.



### Writing the Short Story, with Jon Katz Four-week session: April 25 to May 16 Saturdays, 10:30am to 12:30pm Cost: \$80 / \$72 members Freight Depot Theater

The course is a straightforward Short Story Writing class taught by author Jon Katz. Each participant will offer a short story idea - the instructor must approve it - and will develop and write the story over the course of the class. Participants will be coached as they refine the story idea, develop the structure of the piece and polish their writing. The goal is for all of us to complete a finished story at the end of the class, hopefully to be published online or sold collectively as an e-book.

Students need nothing but themselves and their ideas. They can write on a laptop or pad or tablets, but they will need to print the stories out each week as they progress, and they must be prepared to share their work with the instructor and other participants. We will discuss the stories as a group and there will also be an opportunity for one-on-one feedback. Class format will include a Facebook page where we can talk to each other and discuss our work in between classes.

This small-group workshop will be limited to 8 participants and is open to anyone who wants to learn how to write a short story, professional writers or not.. New students are asked to offer at least one sample of their writing upon registration. In the samples, the instructor will be looking for energy, clarity, creativity and collegiality.

At least one sample of your writing must be submitted for review in order to complete your registration. Please email your submission in PDF format to gina@hubbardhall.org.

### **SUNDAYS**

Bluegrass Jam (Wernick Method)
Taught by Alan Epstein
Sundays, 1pm to 4pm
Five-weeks January 11 to February 8
Beacon Feed Studio Board Room
Cost: \$150 / \$135 members
WHEN REGISTERING, please note which instrument(s) you play.

Do you qualify? It's easier than you may think! If you play guitar, mandolin, banjo, fiddle, bass, or dobro... you can be part of a bluegrass jam. More info about the Wernick Method and this class at <a href="https://dream.org

-All bluegrass instruments welcome -No jamming experience necessary

-No jamming experience necessary -You will be jamming the first class!

-Friendly, encouraging, knowledgeable teaching. Mistakes allowed!

-Single and required, but encouraged and taught.

Salight in the tradition of the traditio

You must be able to tune your instrument (electronic tuning devices welcome) and change smoothly between G, C, D, and A. (Fiddles and basses need to know which notes work with which chords)

Yoga For The Ages ~ a yoga class for youngsters, oldsters & in-betweeners with Elizabeth Dunn

Sunday, January 11 at 11am Cost for two participants: \$20 / \$18 members. Extra person: \$8

This yoga class is a creative blend of storytelling and game play in which either all members of a family can practice together or a kid with their older sister/brother or a grandparent with a grandchild or a caretaker with a youngster or...you get the idea! This is geared toward the youngsters but, a fun way to get in a yoga practice for everyone. This is a 40 minute class. **Please bring a small stuffed animal or a bean bag or a tiny pillow.** All ages are welcome! Kids should bring an older somebody to practice with and

toddlers are welcome with a parent. In the event of a weather cancellation, the make-up date for this workshop will be January 18.

One-Day Workshop
with Elizabeth Dunn
Sunday, March 8
Session A: 9:00-11:00am\*
Registration: \$25 general / \$20 members
Beacon Feed Dance Studio

**Sweat and Surrender Yoga** 

In this workshop we begin with a slow, heat producing, 75 minute sweaty practice.

Coming full circle to surrender in a 45 minute journey of relaxation through restorative poses. We will finish our Sweat & Surrender with a blissed out 10 minute Savasana. All-levels class. Please bring a bath/beach towel and water bottle. \*If there is sufficient interest, a second session, Session B: 11am-1pm, may be added. Please contact us for details.

### Adirondack Pack Basket One-Day Workshop with Bliss McIntosh

Sunday, March 1 9:00am to 3:00pm Adult Size Basket: \$90/\$84 members

(includes \$30 materials fee)
Small Kid Sized Basket: \$70/\$64 members

(includes \$10 materials fee)
Beacon Feed Visual Arts Studio

Each participant will weave an Adirondack style pack basket using rattan "flat reed". Sizes will vary, depending on the wishes and expertise of the students. Each person should bring a bag lunch, sturdy scissors, pencil, paper, flexible tape measure and several spring type clothes pins or clamps. Bring a carving knife if you already have a favorite, but it is not required. Kids under the age of 12 should be accompanied by a parent Included in tuition is a basket materials fee of \$30 for adult size, \$10 for small kids' size. Straps are not included.



# CURIOSITY FORUM

### Almost Famous Women with author Megan Mayhew Bergman Friday, January 9, 2015 at 7pm Battenkill Books

Join us for a talk and reading with Megan Mayhew Bergman, author of the forthcoming *Almost Famous Women: Stories* (January 2015) as well as *Birds of a Lesser Paradise.* 

The fascinating lives of the characters in *Almost Famous Women* have mostly been forgotten, but their stories are burning to be told. Nearly every story in this dazzling collection is based on a woman who attained some celebrity - she raced speed boats or was a conjoined twin in show business; a reclusive painter of renown; a member of the first all-female, integrated swing band.

We see Lord Byron's illegitimate daughter, Allegra; Oscar Wilde's troubled niece, Dolly; West With the Night author Beryl Markham; Edna St. Vincent Millay's sister, Norma. These extraordinary stories travel the world, explore the past (and delve into the future), and portray fiercely independent women defined by their acts of bravery, creative impulses, and sometimes reckless decisions.

Bergman grew up in Rocky Mount, North Carolina and attended Wake Forest University. She has graduate degrees from Duke University and Bennington College. Her first collection, *Birds of a Lesser Paradise*, was one of *Huffington Post's* **Best Books of 2012**. Her work has appeared in *The New York Times, Best American Short Stories, New Stories from the South, Ploughshares, Tin House* and *Oxford American* among other publications. She writes a sustainability column for *Salon* and lives on a small farm in Vermont with her veterinarian husband, two daughters, four dogs, four cats, goats, and chickens.

### The Underground Railroad Revisited Sunday, February 15 at 4pm Freight Depot

Paul and Mary Liz Stewart, independent researchers and Scholars in Residence at Russell Sage College, bring their seminal research on the Underground Railroad movement to Hubbard Hall. The Underground Railroad, often remembered as being characterized by tunnels, dark of night escapes, coded language and hidey-holes, was far more extensive and complex than these ideas have led us to believe. In the midst of significant pro-slavery sentiment, New York State was home to many working to abolish the institution of slavery in our state and nation and it was visited by many who had escaped enslavement and sought a life of freedom. Join with the Stewarts as they share a new interpretation of a very old story and explain the various initiatives in which Underground Railroad History Project of the Capital Region, Inc. is engaged as it works to connect the public with this local history and its relevancy for us today.

### Lighting and Life: The Astounding World of Lighting Research Russ Leslie, from RPI, Sunday, April 12th at 4pm Freight Depot

RPI's Lighting Research Center (LRC) is at the nexus of a revolution. Lighting affects us in so many ways: sleep quality, airline comfort and safety, Alzheimer's care, submarines, snow plows, pedestrian safety, milk production, school performance, star gazing, and economic development to name but a few. Professor Russ Leslie, Associate Director and co-founder of the LRC, will give some examples of what's cooking behind the façade of Troy's historic Gurley Building, the home of the world's preeminent center for lighting research and education. The LRC's work spans basic science to full scale application of new techniques and technologies that are changing society and are increasingly affecting your daily lives.

### Earth Day Pat Johanson Art for the Living World April 22 7 pm Freight Depot

Through examples of her work, Patricia Johanson shows how art, ecology and infrastructure can be combined into multifunctional public landscapes. Her projects in Dallas, San Francisco, Petaluma, California, Salt Lake City and Scranton, incorporate municipal flood basins, sewers, water-treatment systems, flood control structures and restored wildlife habitats into public parks and trails that are framed and made accessible by sculpture. Her work embodies her attunement to the meaning of each place and her vision of the city as an ecological art form.

For the past 40 years, Patricia Johanson's multidisciplinary designs have combined art, ecology, landscaping, and functional infrastructure--reecting her education in art and architecture and her deep study of the natural world. She has been a repeated keynote speaker for the International Federation of Landscape Architects; her work has been seen in over 150 exhibitions and housed in the permanent collections of many museums, including the Metropolitan Museum of Art and Museum of Modern Art in New York; and her writings have been translated into 11 languages. Recent studies of her work include the books Patricia Johanson and the Reinvention of Public Environmental Art (2013), A Field Guide to Patricia Johanson's Works (2012), Patricia Johanson's House and Garden Commission: Reconstruction of Modernity (2008), and the biography Art and Survival: Patricia Johanson's Environmental Projects





Saturday, March 28, 2015 7:00pm Hubbard Hall Mainstage

featuring the

Road Side Blues Band

\$20 admission includes chili, cornbread, jambalaya, desserts and soft drinks. Cash bar for beer and wine.

AGES 21 PLUS.



National Dance Week

Nationwide Dance Mob Saturday, April 25

various times & locations throughout the community!

Join the Dance!

See page 2 for Dance Mob dance workshops

# Hubbard Hall Community Dances 4<sup>th</sup> Sundays at 6 pm

January 25 will be in the Beacon Feed Dance Studio
February 22 and March 22 will be in the Freight Depot
April 26 - note this one coincides with National Dance Week
and will feature the May Pole

Admission: \$8 adults; \$5 ages 21+; \$15 family rate \$1 discount for HH members or DanceFlurry Organization members No advance tickets required; please pay at the door.

All join hands and circle to the left! Join our growing community of people who enjoy simple, fun New England style folk dances, taught on the spot each month and danced to the delightful live music of the Hubbard Hall Tune Jam Band. Caller Fern Bradley (and guest callers) enjoys introducing dancers of all ages and abilities to the pleasures of traditional barn dances, square dances, and contra dances. No partner needed, and no previous dance experience required. Join us for a potluck supper before the dance at 5 p.m. For more information about the dance, please call 518-692-9079.



# HUBBARD HALL OPERA THEATER

an evening of romance, drama and passion celebrating the sumptuous music of Giacomo Puccini including works from Madame Butterfly, La Bohème, Tosca, Turandot and other masterpieces as well as lesser known songs that never made it into an opera score.

# tlYDII((







Hubbard Hall on Thursday, February 12, 2015 at 8pm Admission is pay-what-you-will

University of Albany on Friday, February 13. at 7:30pm \$10 general public; \$5 students, seniors and UAlbany faculty-staff Tickets for SUNY at: http://



# Music from Salem at Hubbard Hall

### Concert: Bach Goldberg Variations Sunday, March 29 at 4pm **Hubbard Hall Mainstage**

Pay what you can - all are welcome! (Suggested donation \$25)

Conversation and Music, featuring Markus Placci; MfS summer series '14 guest, violin, Rhonda Rider; cello and Lila Brown; viola, playing the Bach Goldberg Variations, the world's most celebrated lullaby arranged for string trio. Markus, Rhonda and Lila will discuss interesting aspects of interpreting Bach and also play some short solo pieces.

### **Cello Seminar Concert** Sunday, May 31 at 4pm **Hubbard Hall Mainstage** Pay what you can - all are welcome!

What could be better than an afternoon spent with 12 cellists playing music from Bach to contemporary? On Sunday, May 31st at 4:00pm, Music from Salem's

Cello Seminar will perform a concert at Hubbard Hall in Cambridge NY. The Cello Seminar is an intensive week-long seminar for young professionally-bound cellists, led by Music from Salem consulting directors Rhonda Rider, cello, and Judith Gordon, piano, as well as guest cellist David Russell. Welcome in the summer with this end-of-the-week cello-bration concert!

### **Viola Seminar Concert** Sunday, June 7 at 4pm **Hubbard Hall Mainstage**

Pay what you can - all are welcome! Professionally bound students share their excitement in presenting what they have learned at the weeklong Music from Salem viola and violin seminar at the Brown farm, expanding borders. taking risks. The focus is on collaboration with piano with repertoire from all periods, and also includes the new commission of a Bach fugue arrangement from the solo violin sonata #3 in C major, for 9 players. The students

introduce themselves and their pieces.

### Year End Dance Performances

Saturday, June 13, 2015

Hoosick Falls Central School Auditorium

4:00pm, Inspire 1 - Showcasing the Youngest Dancers 7:00pm, Inspire 2 - Gala Performance of Movement Arts

One Ticket, Two Performances!

\$12 General Admission / \$10 members / \$5 students (11 and up) \$2 youth (ages 6-10) / children 5 and under are free

# Pites of Suring Cala & Silent Auction Friday, May 22, 2015 Opens at 6:00 pm Music by The Dave Cuite Quartet

Cost is \$100 per person.



Doors open 7pm

Samba lesson at 7:30pm with the Hubbard Hall dancers

You're invited to join us for an all-ages global, festive and fun dance party to celebrate the upcoming Winter Carnival of New Works. Masquerade attire encouraged!

Visit www.hubbardhall.org for details, related special events and workshops.

\$25 general admission / \$20 members / \$10 students Online at www.hubbardhall.org or call 518-677-2495

### THEATER - NEW WAYS TO ACCESS THE WHOLE SEASON! - NEW THREE PLAY PACKAGE

# Winter Carnival of New Work

12 New Plays. 12 Days. Game On.

an energizing, fun and heartfelt series of new works

Your Subscription or 3 Play Package gives you an All-Access Pass. Come once; come often.

Pay what you will final rehearsal: Thurs, Jan 15 @8pm Opening Night Dinner, Friday, Jan 16 @6pm Thursdays: Jan 15, 22, 29 @8pm Fridays: Jan 16, 23, 30 @8pm Saturdays: Jan 17, 24, 31 @ 2pm & 8pm Sundays: Jan 18, 25, Feb 1 @2pm



Tartuffe (or the Hypocrite) by Molière Directed by John Hadden

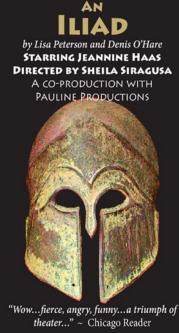
"Fascinatingly sinister...a masterpiece..." Los Angeles Times

Molière's hilarious farce about how moral superiority can get you into deep doo-doo

Pay what you will final rehearsal: Thurs, Feb 19 @ 8nm Opening Night Dinner: Friday, Feb 20 @6pm

Fridays: Feb 20, 27, March 6, 13 @ 8pm Saturdays: Feb 21, 28, march 7, 14 @2pm & 8pm Sundays: Feb 22, march 1, 8, 15 @2pm





A GREAT STORY. AN EPIC JOURNEY. A TOUR-DE-FORCE PERFORMANCE.

PAY-WHAT-YOU-WILL FINAL REHEARSAL: THURS, APRIL 23 @ 8 PM

FRIDAYS: APRIL 24, MAY 1, 8, 15 @ 8 PM SATURDAYS: APRIL 25, MAY 2, 9, 16 @ 2 AND 8 PM SUNDAYS: APRIL 26, MAY 3, 10, 17 @ 2 PM

With a different play being read almost every day as part of our WINTER CARNIVAL, we know you'll want to return again and again. Full-season Subscribers or New Three Play Package purchasers can access the entire festival, going every day if they like (subject to availability). Everyone else will need to buy another ticket if they want another ride at our Carnival. Not yet a Subscriber? Don't worry – you have options:

### Apply your Spelling Bee purchase towards a **Full Season Subscription**

Don't miss out – for a limited time you can trade in your 25th Annual Putnam County Spelling Bee ticket towards a full Subscription (with your Putnam ticket price going towards the original \$88 price of a full subscription). Call 518-677-2495 or email info@hubbardhall.org to trade up to a subscription.

### Buy our New Three Play Package

If you sadly missed Spelling Bee, here's a great new way to hook into the rest of the season at still a great price: Our new Three Play Package. For just \$69 you get the entire Winter Carnival of New Work, Tartuffe AND An Iliad (a savings of \$12 off the full price). Call 518-677-2495 or email info@hubbardhall.org to learn more.

